

WICARE BLAST

OUR MONTHLY
NEWSLETTER



Is
Someone
You Know
Navigating
The Pain
of Loss
Too?

Grief can feel overwhelming, whether you are newly-bereaved or have been on this road for years. If you know of another widow who is lonely and vulnerable and has not been introduced to Wicare and our services, do invite her to contact our Senior Counsellor, Paula Foo, at paulafoo@wicare.org.sg or WhatsApp at 9616 5091.

No one needs to journey alone.



Floral Repurposing Workshop

23 Nov 2025 - Members joined us for a floral repurposing workshop organised by Handpicked!, a volunteering initiative by Hello Flowers!. It was a fun and refreshing session where participants mindfully worked with flowers and enjoyed a sensory tea-tasting experience. Wedding flowers are often enjoyed for just one special day before being discarded. At this workshop, participants got hands-on and gave these beautiful blooms a new lease of life - while also doing their part for the environment through sustainable reuse.



NCC X Wicare Christmas Celebration

6 Dec 2025 - A heartwarming celebration, this year's Christmas party was once again hosted by New Creation Church, our long-time sponsor. Highlights of the event included games stalls that were creatively put together by NCC's teenage volunteers, photo booth activities, heartfelt testimony sharings by widow moms and their

children, a 9-course Christmas lunch buffet, an energetic dance rap competition that got everyone moving to the beat, lively singalong carols and sharing by Pastor Jeff and the Widows Support Group of NCC.



Greetings from Wicare Board Members & Staff



VOLUNTEERS NEEDED

We are looking for enthusiastic individuals who are willing to share their time, skills, and interests to support our community. There are many ways to get involved! Do click on this [link](#) or scan the QR code to let us know which area(s) you are keen to volunteer with us.



6354 2475 (main line)



www.wicare.org.sg



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