

WICARE BLAST

FEB 2026 EDITION



Financial Wellness Workshop



31 Jan 2026 - Our first Financial Wellness Workshop of the year began on a high note, receiving an excellent response and strong member participation. The session commenced punctually at 9:00am, with close to 60 members in attendance. We were privileged to have Ms Jacinta Lim, a certified financial consultant from a financial advisory firm, conduct the workshop on a pro bono basis. Titled "Mapping Out 2026 with Clarity & Community", the engaging three-hour session guided participants through a comprehensive five-stage framework designed to support clearer financial planning and goal setting for the year ahead. The workshop was lively and interactive and concluded with a buffet lunch, giving members opportunities to get to know one another.

Do look out for our next financial workshop in a few months!



you're invited!

FINANCIAL WELLNESS

JOIN US FOR LUNCH AS WE START OUR YEAR WITH CLARITY & COMMUNITY

31 JAN 2026, SAT
10 FLOOR, CFS-BISHAN
JUNCTION 8 OFFICE
9AM - 12:30PM

- SMART MONEY MOVES**
Practical strategies for budgeting and day-to-day financial decisions
- WHY HOLISTIC PLANNING MATTERS**
Discover the 5 key elements that bring clarity, balance, and peace of mind to your finances
- MAPPING OUT YOUR 2026**
Create a clear, personalised financial roadmap for the year ahead
- YOUR FINANCIAL HEALTH CHECK**
Understand where you are today — and what meaningful next steps look like

TO RSVP **CLICK HERE**
Please register by 24 Jan 2026

Wicare

WiCluster Befrienders CNY Gathering



14 Feb 2026 - 23 Befriender Leaders and Befrienders from our WiCluster subgroup gathered for a time of learning, bonding and Lo Hei celebration. Subgroup leader Poh Hong organised a panel discussion featuring long-time members, Joyce Han & Esther Ng as well as our founder Joyce Lye. The panelists inspired everyone with their growth mindset and shared how they continue to live purposeful and fruitful lives. Several befrienders were also invited to share impromptu about their own journeys and how they too overcame challenges in their lives. A powerful reminder of resilience.



CNY Lo Hei Gathering



7 Feb 2026 - Festive seasons can be especially difficult for those who are newly bereaved. In the week leading up to Chinese New Year, Wicare organised a meaningful get-together specially for our newer widows and their children, creating a safe and supportive space during what can often be an emotionally challenging period. A total of 56 mothers and children attended either one of our morning and afternoon sessions. During the mothers' workshop, participants were introduced to intentional play using LEGO blocks. Through guided building activities, our pro bono trainers from Rasmussen Consulting encouraged reflection and sharing in a gentle and creative way.

Meanwhile, the children were engaged in lion dance craft activities and games, bringing energy and festive cheer to the day. They were supported by "big brothers" and "big sisters" - youths who themselves have journeyed through similar grief. As always, food brought everyone together. We are deeply grateful to our member, Yvonne Chan, who generously sponsored most of the food for both sessions. She lovingly prepared several dishes herself and even baked a beautiful carrot cake! Each session concluded on a high note with a lively and festive Lo Hei. These gatherings were a reminder that no one journeys alone — especially during the festive season.

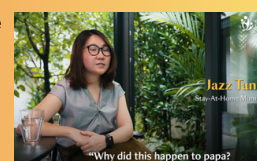


Wicare Features in Media



In trying to make sense of her own grief and loss as a widow, June discovered a calling: to become a counsellor at Wicare.

What happens when one parent must become two? And when the future feels unbearably uncertain, who supports those left holding everything together?



Watch this video brought to you by RICE Media in collaboration with Community Chest.

