

WICARE BLAST

MAY - JUL



International Widows Day with Wicare

21 Jun 2025 - About 160 widows attended our annual International Widows Day. They were treated to an afternoon tea buffet, engaging musical performances by our children and powerful testimonies from our mother-and-son pair. Most took the time to pen precious words of encouragement to the newer widows in our midst and the afternoon was spent meaningfully, reconnecting with old friends and meeting new ones.



Testimonies & Performances

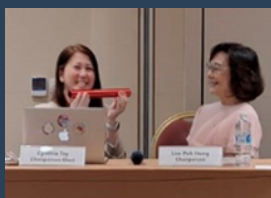


Penning words of encouragement

Behind the scenes with our valued volunteers

26th Annual General Meeting

24 May 2025 - Our outgoing Board Chairman Lim Poh Hong handed over the baton to incoming Board Chairman Cynthia Tay



Visit to Children's Museum - A Char Kway Teow Rhapsody

6 Jun 2025 - 19 children and their mummies spent half a day at the Children's Museum during the recent June holidays. Their visit began with a tour of the vibrant museum, where almost everything inside was instagrammable. The children were engaged in stories from the past, participated in role-playing activities and even had the opportunity to gather and prepare ingredients for actor chefs to whip up a fragrant char kway teow dish! Sadly, the hungry little ones were left to imagine the taste of the dish...



Befrienders Training Workshop - Reframing Language with Drawing

26 Jul 2025 - Befrienders and befriender leaders from our WiFilles subgroup came together for a full-day training workshop with our trainer Nicola. They learnt strategies to change the way they see, as well as unlock new perspectives on challenges, self-limiting beliefs and opportunities. When tasked with the first drawing assignment at the start of the session, "I can't draw" would definitely have showed up as the largest phrase had they played Word Cloud on Mentimeter. Yet, at the end of the day, each of them came away with a new-found sense of confidence and belief in themselves when they saw what they were capable of drawing! From the spontaneous laughter that erupted frequently throughout the entire duration of the workshop, one can only deduce that these befrienders had a meaningful time of learning and a wonderful time of bonding with one another.

