

WICARE BLAST

OUR MONTHLY
NEWSLETTER

International Widows Day (IWD) 2026

27 Jun 2026 – This year, close to 200 incredible women and their children came together to commemorate International Widows Day (IWD). For the next four hours, members took part in a symbolic pre-event activity, an adrenaline-pumping table game, an inspiring address by our Chairperson, Ms Cynthia Emmanuelle Tay, enjoyed a sumptuous lunch, were moved by a personal testimony, heartfelt performances and a panel sharing. As conversations flowed, strangers became acquaintances and new connections were formed, laying the foundation for lasting friendships. Before the afternoon ended, members filled one another's glasses, symbolising lives enriched through friendship and community. Together, they raised three toasts to beautiful friendships, greater courage and resilience, and a stronger Wicare community. This was more than just an event. It was a powerful reminder that you are deeply loved and never alone! Even if your cup was once emptied by life's challenges, it can be filled again.



RSVP Digital Literacy Courses (for seniors)

As part of our ongoing efforts to introduce enriching programmes and deepen member engagement, Wicare has brought highly subsidised digital literacy courses from RSVP Singapore to our senior members since April this year. At only \$5 per session after Wicare and government subsidies, these courses are very accessible. Feedback has been positive, with participants sharing that the sessions are interactive and hands-on. To date, we have brought 18 courses (with some repeat runs & some in Mandarin) to you and attracted more than 100 registrations, with many members enrolling in multiple sessions. Covering a range of digital skills, our selection of courses include Digital Photo Editing, CapCut Video Editing, Navigating Around Singapore, TikTok, Getting Started with ChatGPT, Google Translate, Google Photos, Cybersecurity & Online Safety, Getting Started with Generative AI, and Becoming an Instagrammer. Has this piqued your interest? If you are Singaporean/PR and are 50 years and above, do look out for more courses coming your way via email.



Lights, Camera, Action!



Our Wicare office was transformed into a filming studio one Monday afternoon as the production crew from Channel 8's Tuesday Report 《星期二特写》 came by to film an episode in the documentary series *Gone Before Goodbye*. For a few hours, cameras, lights, and microphones filled our office. Featuring our member, Rosy Lim, and Wicare Senior Counsellor, Paula Foo, the episode is the third in the series and will be broadcast on Channel 8 on 21 July at 8:30pm, with a simultaneous stream available on mewatch. We invite you to tune in and support Rosy and Paula.



Creating New Memories: June Holiday Programme for Mommies & Children



30 May / 1 Jun 2026 - Our families kicked off the school holidays with a day of bonding, laughter and healing at our June Holiday Programme. Mothers, teens and young children came together to experience the joy of dog-assisted therapy, enjoy lively digital games and take part in our signature *Raising Rainbows* programme. Families shared meaningful conversations and formed new connections.

