

WICARE BLAST

OUR MONTHLY
NEWSLETTER

27th Annual General Meeting



23 May 2026 – We have come a long way! On the second to last Saturday of May, members gathered for our 27th Annual General Meeting held at Lifelong Learning Institute in Paya Lebar. The meeting provided an opportunity to reflect on the meaningful work and achievements of Wicare in 2025, and to celebrate what has truly been a remarkable year for our organisation. None of this would have been possible without the unwavering support and dedication of our members, staff, volunteers, partners, and supporters. We extend our sincere gratitude to all of you for being part of our journey and contributing to our shared mission.



Financial Wellness Talk 2

16 May 2026 – We are extremely thankful to our pro bono speakers, Low Seow Ling from Emre Legal LLC and our very own Wicare member, Julia Lee, from TOUCH Community Services, for their informative and insightful sharing on the four pillars of legacy planning. Over the course of 3.5 hours, the speakers covered with great clarity, key topics including Wills, Trusts, Lasting Power of Attorney (LPA), and Advance Care Planning (ACP), equipping members with valuable knowledge to help secure their legacy and protect their loved ones.



Movie Day with EagleWings Cinematics



12 May 2026 - Movie Day! Our Wicare family enjoyed a relaxing afternoon in a cinema at KAP Mall, where we had the exclusive use of a private 30-seater theatre for the screening of *Overcomer* – an inspiring film about faith, identity, and perseverance. Members were treated to a delicious 3-course lunch served right in the theatre, with both the movie and meal generously sponsored by EagleWings Cinematics. Before the screening, members gathered in the comfortable lounge area, where new friendships were formed in the warm and welcoming atmosphere. We are deeply grateful to the Founders of EagleWings Cinematics for blessing our members with this enjoyable and meaningful experience.



Steering Through the Storm: Finding our Bearings Together



9 May 2026 – Losing a husband brings a heavy, exhausting loneliness. Sometimes, it can feel like being driftwood, tossed around in a storm. In our recent Care & Connect Group (CCG) session, we explored grief through the metaphor of a sailboat. Participants were encouraged to not dwell on rough waters, but to remember the strength we still carry. It reminded us that, even in the hardest moments, we can move from just surviving to gently taking the wheel of our lives again. While we can't control life's storms, we can adjust our sails. Protecting our peace, taking one day at a time, and leaning on one another help us navigate the journey together. "Awakening to ways I can move forward", "Useful strategies to be the captain of my life" and "A chance to reflect and reconnect with my purpose in life" were some of the takeaways from our tenacious members. Delicious food, shared laughter, and heartfelt conversation also turned the gathering into a space of connection and comfort. At Wicare, we are part of a resilient fleet. We do not need to figure out the entire future; holding the wheel in this moment is enough. We didn't choose the storm - but we've learned we have the inner strength to steer through it, and we never sail alone.

Mother's Day Gift Collection - Thank You Noel Gifts!



May 2026 – A heartfelt THANK YOU to Noel Gifts for blessing our Wicare mums with a practical and meaningful gift this Mother's Day! Like an umbrella in the rain, a mother's love shelters and protects through every storm. Thanks to the generosity of Noel Gifts, our members received a timely reminder that they are seen, honoured and loved.

