

Meixin's Story

When I lost my husband to cancer, I became a "walking dead" overnight; I lost all meaning in life.

The first worry was my economic lifeline... who would support this family? Who would bring up my children?... A series of such questions led me to look for money. So I began by holding a full-time job and two part-time jobs.

I would leave home early and come home late at night, leaving my children in the care of my domestic helper. Then I realised my children perceived my domestic helper to be their real mother! After some soul searching, I decided to stop my part-time jobs.

When the Centre Manager of Wicare found out about my situation, she immediately helped me apply for Wicare's Financial Assistance Scheme. That was a significant lifeline and helped alleviate my financial distress. Through all these, I realised that whilst money is important, I cannot pursue it at the expense of my children and my physical and emotional health. During my journey of grief, Wicare's Founder-Chairman, Joyce Lye, would often encourage and guide me. When I felt helpless, she would be there to lift me up with hope-filled words. She is my role model. **Wicare plays an important part in my recovery process.** It is like a well in the desert, allowing my thirsty soul to be refreshed. Wicare is a sanctuary for me.

Every widow has a different but just as heart-wrenching story. **At Wicare, I can express myself freely, be it pain, my struggles or feelings of anger and injustice. Being with other widows, I realise that I am not alone.** It was a difficult journey but there was a group of stout-hearted ladies who walked with me... laughed with me, cried with me... we helped each other through the valley of trials and tribulations.

In gratitude for what I have received, I now volunteer at Wicare as a Committee Member as well as in the Chinese Sub-Committee. I hope my contribution in Wicare will in some ways bring encouragement and hope to other widows.

Wi♥care

A society run by widows for widows

Bringing hope to the broken-hearted widows and the fatherless



The wounds of widowhood are not easily seen with the eyes because the process of grief is expressed within the heart and soul. It takes a widow to fully understand a widow...

Ms Joyce Lye
Founder-Chairman of Wicare

The challenges that widowhood brings on are many and multi-pronged, including loss of income, the need to re-enter the work force at middle age and solo-parenting...

Ms Joan Swee
Committee Member of Wicare

Wicare helps widows to cope with the loss of their spouses – providing socio-emotional support, counselling, and financial assistance.

Wi♥care

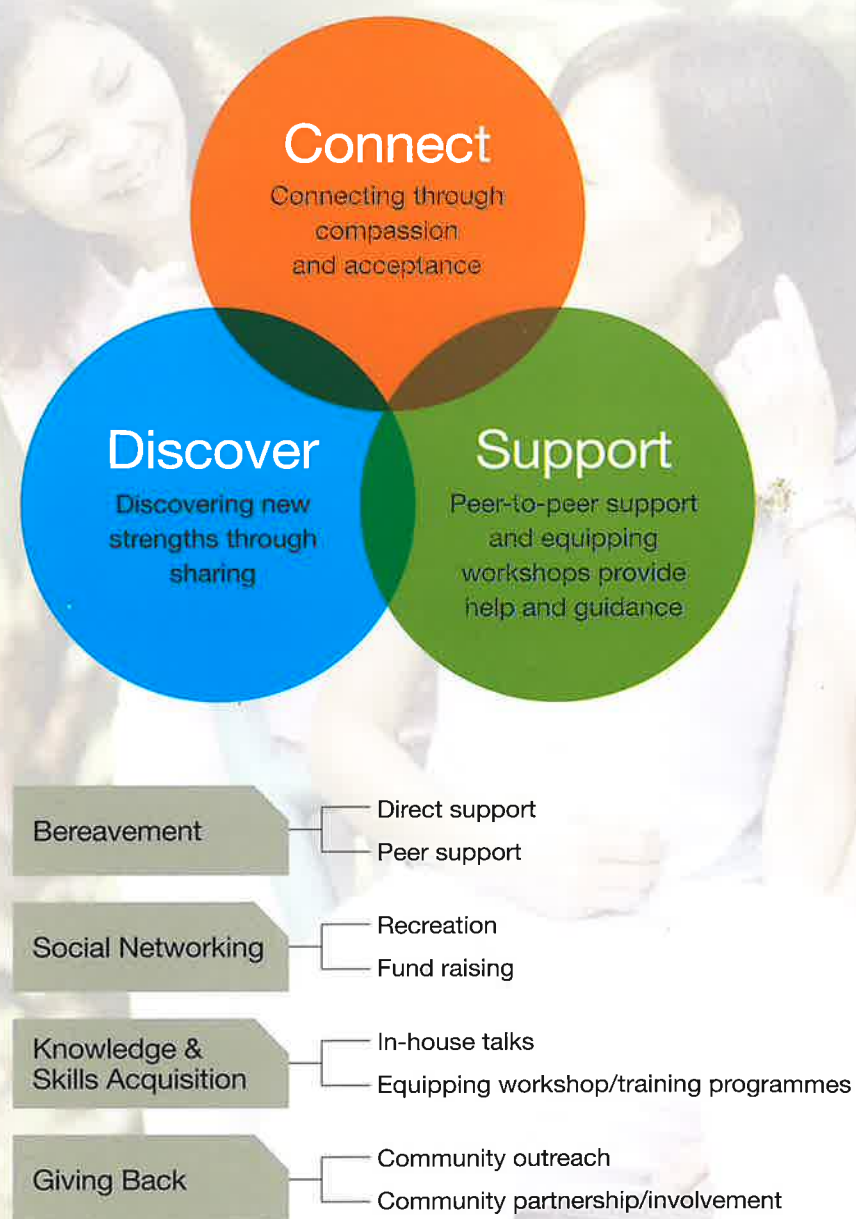
9 Bishan Place, Junction 8, Office Tower #08-01. Singapore 579837
Tel: 6354 2475 • Fax: 6354 1941 • Email: contactus@wicare.org.sg
www.wicare.org.sg

We've been there. Wicare provides peer-to-peer emotional support for widows of all ages through shared personal experiences, as well as access to outside resources that help navigate the loss.

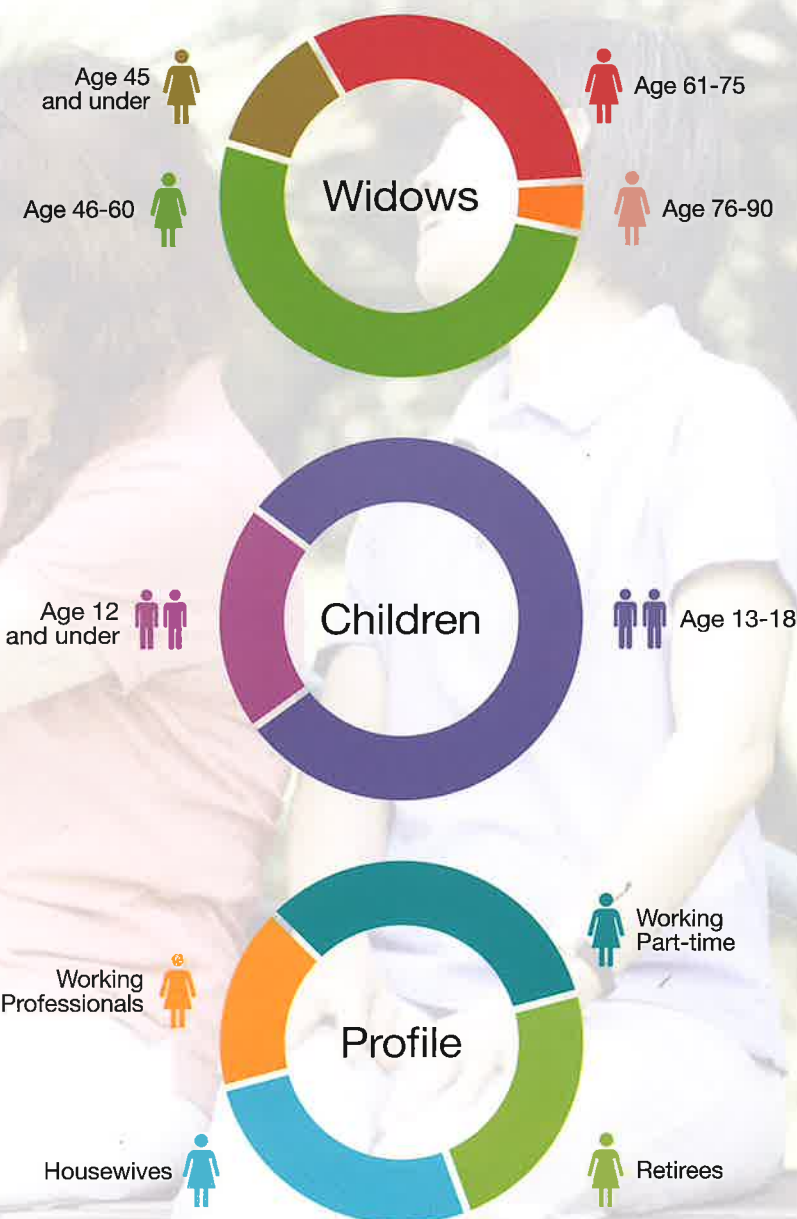
We support widows of all ages and at all stages of loss. The loss of a spouse affects widows at all stages of life, from young mothers to seniors, each having her own issues. Wicare works because our members are widows who bring their own unique experience to support one another. Thus they understand and empathise with one another what they are going through.

We offer support beyond bereavement. The loss of a spouse affects the widow on many levels. She is dealing with the tremendous emotional pain of loss and at the same time having to rebuild her life. She may be raising children, managing finances and juggling tasks she may not have handled before or were once shared with her spouse. We believe knowledge is power and with a network of emotional support, Wicare offers information, training and resources to help her rebuild her life and move on to re-integrate into society.

Providing a community of support



Beneficiaries



Wicare needs your support. We work hard to serve a very special community – being there for widows and their children is especially important. We help them to rebuild their lives for as long as they need us. For these reasons, we are working harder than ever to raise the funding to run our programmes and services.



Giving that gives back

Wicare Support Group was incorporated with the Registry of Societies on 23 October 1998. It has obtained Institution of Public Character (IPC) status since 1 June 2006, making all donations to Wicare Support Group tax-deductible.

We actively seek corporate sponsorship and the generosity of individuals. If you wish to make a donation, kindly make cheque payable to "Wicare Support Group". Your donation will help us to provide services and programmes to impact widows and children in need.

On behalf of our beneficiaries, we would like to say THANK YOU for your generosity and support of our efforts to continually rebuild and improve the lives of our widows and fatherless children.