

WICARE BLAST

OUR MONTHLY
NEWSLETTER

Community Chest Heartstrings Walk



29 Aug 2026 – More than 40 members, children & staff from our Wicare family showed up at Marina Bay Sands in our striking Tiffany-blue t-shirts, all ready and raring to go on our 4km walk! Co-organised by Community Chest and Marina Bay Sands, the Heartstrings Walk is an annual community event that brings together people from all walks of life. If you missed it this year, be sure to join us next year!

Skin Health & Immunity Workshop



12 Sep 2026 – The third in a series of workshops conducted by our member, Theresa, participants learnt simple self-care routines, discovered how nutrition and relaxation can strengthen immunity, and explored practical ways to restore and care for their skin. A meaningful session that encouraged our ladies to prioritise their well-being from the inside out, it was definitely time well-spent!

Personality Profiling Workshop



5 Sep 2026 – From roleplay activities to exploring different personality profiles and learning how to communicate more effectively through eye-assessing cues and linguistics, our ladies and youth had the privilege of learning from award-winning Global Master Trainer, Dr Joshua Luke. Through practical and engaging activities, they gained valuable insights into understanding themselves and others, while developing greater confidence in communicating and building meaningful connections.



Care Pack Distribution

15 Sep 2026 - Through a joint collaboration between Wicare and Heartwarmers, with the generous support of Shiseido Asia-Pacific, we received 600 Care Packs to distribute to our beneficiaries this month! More than 60 Shiseido staff came together on Shiseido Camellia Day – an annual initiative where employees give back through social contributions and volunteerism - to lovingly pack each Care Pack. It was heartwarming to see so many hands come together to bless our Wicare families. Indeed, community is about standing by one another through every season. If you have not collected your Care Pack, we welcome you to come down to our office during office hours to do so.

